

**SYLLABUS (PSYCHOLOGY)**  
**B.A. PART-III**  
**(SEMESTER SYSTEM)**  
**SESSION (2018-2019)**

TOTAL MARKS: 100  
THEORY PAPER: 50 MARKS  
PRACTICAL MARKS: 30 MARKS  
INTERNAL ASSESSMENT: 20 MARKS

Note: Each paper will carry 50 marks and is of 3 hours duration. 20 marks in each paper are for Internal Assessment.

The breakup of 20 marks for Internal Assessment (theory papers) is as below:-

M.St =50%	:10 marks
Class Attendance=20%	4 marks
Project=30%	6 marks
Total Marks	20 marks

SEMESTER-V

PAPER V: ABNORMAL PSYCHOLOGY-A

SEMESTER-VI

PAPER VI: ABNORMAL PSYCHOLOGY-B

**SYLLABUS (PSYCHOLOGY)**  
**B.A. PART-III (Semester V)**  
**SESSION (2018-19)**  
**BA- 515 ABNORMAL PSYCHOLOGY-A**

Max. Marks: 100

Time allowed: 3 hours

Theory Marks: 50

Internal Marks: 20

Pass Marks: 35% of the subject  
(Theory and Project Separately)

**OBJECTIVE:**

This course aims at helping the students to:

be familiar with the field of abnormal psychology

know about symptomatology of different psychological disorders

have an insight into the nature, etiology, symptoms, and treatment of disorders.

**PEDAGOGY OF THE COURSE WORK:**

80% Lectures (including expert lectures). 20% assignments, discussion and seminars and tests

**INSTRUCTIONS FOR THE PAPER-SETTER**

The question paper will consist of three units I, II and III. Syllabus of each unit (i.e. I&II) will have two subparts. Examiner will set two questions from UNIT-I (each question having internal choice covering both parts of syllabus of UNIT-I) and two questions from UNIT-II (each question having internal choice covering both parts of syllabus of UNIT-II). Each question will carry 8 marks. Unit-III is compulsory, and shall comprise nine short answer type questions carrying 2 marks each. The short type answer should be written in approximately 25-30 words.

## **INSTRUCTIONS FOR THE CANDIDATES**

Candidates are required to attempt one question from each subpart of both the Units A& B of the question paper and the entire Unit-C. The short type answer should be written in approximately 30 words i.e. 3-4 lines.

**Note:** The use of Non-Programmable calculators and Statistical Tables are allowed in the examination.

### **UNIT-I**

- i. Abnormal Psychology: Nature, Models: Psychodynamic, Behavioural Cognitive-Behavioral and Humanistic. Criteria of Abnormality, Latest classification System: ICD and DSM.
- ii. Causes of Abnormal Behavior: Biological, Psycho-social and Socio-cultural causes.

### **UNIT-II**

- i. Anxiety Disorders (GAD, OCD, PTSD, Phobia): symptoms, Etiology, prevention & Treatment.  
Stress : Types, Factors affecting Stress and Management of Stress
- ii. Parametric test: nature  
Significance of mean, significance of difference between means & correlation

## REFERENCES

- Carson, R.C., Butcher, J.N., & Mineka, S. (1996). *Abnormal Psychology and Modern Life*. New York: Harper Collins.
- Barlow, D. H. & Durand, V. M. (2015). *Abnormal Psychology: An Integrated Approach* (7th Ed.). Stamford, CT: Cengage Learning.
- Bennett, P. (2010). *Abnormal and clinical psychology: an introductory textbook*. Tata McGraw Hill Education Private Limited.
- Davison, G.C., & Neale, J.M. (1998). *Abnormal Psychology*. New York: John Wiley & Sons.
- Garrett, H.E. (1996). *Statistics in Psychology and Education*. New Delhi: VakilsFeffer and Simons.
- Guilford, J.P., & Fruchter, B. (1981). *Fundamental Statistics in Psychology and Education*. Singapore: McGraw Hill.
- Sarason, I.G., & Sarason, B.R. (1996). *Abnormal Psychology*. New Delhi: Prentice Hall of India.
- Singh, A. (1994). *Asadharan Manovigyan*. Publicaiton Bureau, Punjabi University.
- Seigal, S., & Castellan, J. (1988). *Non parametric statistics for behavioural science*. McGraw Hill.

**B.A. PART-III (Semester V)**  
**SESSION (2018-19)**  
**BA-515P PRACTICAL: ABNORMAL PSYCHOLOGY-A**

Total Marks: 30  
Pass Marks: 11

Time Allowed: 4 hours

Students will perform five practicals. Practical examination will be of 3 hours duration. External examiner will conduct the practical examination. The examiner will evaluate the practical on the basis of write-up of file book, performance and viva-voce relating to the practical given for performance. In case students have not done 5 practicals out of the total 6 mentioned in the syllabus, the examiner will deduct marks (at the rate of 2 for each left practical) out of the total evaluation of the student.

No reappear will be allowed in the practical examination. Fail in the practical will be considered fail overall in the subject.

For practical examination, one group of students will not comprise of more than 20 students at a time.

**INSTRUCTIONS FOR THE CANDIDATES**

Practical examination will be of 30 marks and of three hours duration. Practical examination will be held by one external examiner. The student will perform 1 practical in the exam carrying 30 marks.

Evaluation will be based on actual performance, write up & practical file of the candidate.

**Break up of marks:-**

Performance 10 marks

Viva voce 10 marks

Practical file 10 marks

Five Practical have to be performed out of the following:

1. Test of Anxiety
2. TAT
3. Adjustment Inventory
4. GHQ
5. Defense Mechanism Inventory
6. Word Association Test
7. Biofeedback

**SYLLABUS (PSYCHOLOGY)**  
**B.A. PART-III (Semester VI)**  
**SESSION (2018-19)**  
**BA-615 ABNORMAL PSYCHOLOGY-B**

Max. Marks: 100  
Theory Marks: 50  
Internal Marks: 20  
Pass Marks: 35% of the subject  
(Theory and Practical Separately)

Time allowed: 3 hours

**OBJECTIVES:**

This course aims at helping the students to:  
acquaint with various psychotic conditions  
generate increased understanding of substance disorders  
explore various psychotherapies for their practice

**PEDAGOGY OF THE COURSE WORK:**

80% Lectures (including expert lectures). 20% assignments, discussion and seminars and tests

**INSTRUCTIONS FOR THE PAPER-SETTER**

The question paper will consist of three units I, II and III. Syllabus of each unit (i.e. I&II) will have two subparts. Examiner will set two questions from UNIT-I (each question having internal choice covering both parts of syllabus of UNIT-I) and two questions from UNIT-II (each question having internal choice covering both parts of syllabus of UNIT-II). Each question will carry 8 marks. Unit-III is compulsory, and shall comprise nine short answer type questions carrying 2 marks each. The short type answer should be written in approximately 25-30 words.

**INSTRUCTIONS FOR THE CANDIDATES**

Candidates are required to attempt one question from each subpart of both the UNITS-I & II of the question paper and the entire UNIT-III. The short type answer should be written in approximately 30 words i.e. 3-4 lines.

Note: The use of Non-Programmable calculators and Statistical Tables are allowed in the Examination.

## **UNIT-I**

- i. Somatic symptom and related disorders: Somatic symptom disorder, illness anxiety disorder, conversion disorder (Symptoms and Etiology)
- ii. Schizophrenia: Types, Symptoms and Etiology.  
Mood Disorders: Types, Symptoms and Etiology.

## **UNIT-II**

- i. Substance Abuse: Causes and Types, Alcohol, Opium, Amphetamines.  
Behavioral addiction: Internet addiction
- ii. Psychotherapies: Psychodynamic, Behavioural, Cognitive-behavioural, Humanistic.

## **REFERENCES**

- Barlow, D. H. & Durand, V. M. (2015). *Abnormal Psychology: An Integrated Approach* (7th Ed.). Stamford, CT: Cengage Learning.
- Bennett, P. (2010). *Abnormal and clinical psychology: an introductory textbook*. Tata McGraw Hill Education Private Limited.
- Carlson, R.C., Butcher, J.N., & Mineka, S. (1996). *Abnormal Psychology and Modern Life*. New York: Harper Collins.
- Davison, G.C., & Neale, J.M. (1998). *Abnormal Psychology*. New York: John Wiley & Sons.
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- Singh, A. (1994). *Asadharan Manovigyan*. Publication Bureau: Punjabi University

**B.A. PART-III (Semester VI)**  
**SESSION (2018-2019)**  
**BA-615P PRACTICAL: ABNORMAL PSYCHOLOGY-B**  
**(PROJECT WORK)**

Total Marks: 30  
Pass Marks: 11

Time Allowed: 4 hours

**INSTRUCTIONS FOR THE PROJECT WORK**

Student has to prepare elaborated project work on the topics provided from the syllabus.

**INSTRUCTIONS FOR THE CANDIDATES**

Project work will be of 30 marks. Viva will be held by one external examiner. Evaluation will be based on actual performance & Project file of the candidate.

**Break up of marks:-**

Presentation: 10 marks  
Viva voce: 10 marks  
Project file: 10 marks

Project to be made on any one topic from the following:

1. OCD
2. Substance abuse
3. social phobia
4. Cognitive- behavior Therapy
5. Depression
6. GAD
7. Stress